Daily Life Plaza

Entrance to Utoji-land

2026 (Reiwa 8) November

JKK東京

Issued By: Public Housing Management Division, Tokyo Metropolitan Housing Supply Corporation | Cosmos Aoyama, 5-53-67 Jingumae, Shibuya-ku, Tokyo 150-8322

Accepting Applications for the Parent-Child Relocation Program

We are currently accepting applications for the Parent-Child Relocation Program, so that households with elderly residents can better receive support from their children and their households.

You are eligible for this program if you have lived in your current municipally-owned apartment for a year or more (your rental agreement was approved for your current municipally-owned apartment on or before December 1, 2025), and you fulfill either (1) or (2), AND (3) of the following conditions.

Application Conditions

(1) Parent Households
Parent households (can be a single individual) in municipally-owned housing, where all residents are 65 years of age or older (born on or before December 15, 1961), that wish to move to a location closer to the household of a child of theirs (does not have to be in municipally-owned housing).

(2) Child Households
Child households (can be a single individual) in municipally-owned housing that wish to move to a location closer to the household of a parent of theirs (does not have to be in municipally-owned housing), where all residents are 65 years of age or older (born on or before December 15, 1961).

(3) At a minimum, relocation must reduce minimum travel time between the parent household and child household by 30 minutes or more. If the current travel time between the parent household and child household is 30 minutes or more, a relocation must decrease that time to less than 30 minutes.
("Minimum travel time" refers to standard travel time with public transportation.)

Precautions Before Applying

(1) Households in都民住宅 (Households in Subsidized Housing), 定期使用住宅 (Time-Limited Housing), 福祉住宅 (民生住宅) (Welfare Housing) and引揚者住宅 (Repatriation Housing) may not apply for this program.

(2) Households that have late housing fee payments, or over-earners (residents whose incomes exceed the limit for municipally-owned housing) may not apply for this program.

(3) Applications must be from either the parent household or child household. You will be disqualified from the lottery if both households apply.

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The deadline (date of automatic withdrawal) to pay for November housing fees, etc., is Monday, November 30.
We ask that those using automatic withdrawal check the amount in their payment account before the date of withdrawal.

Number of Households

25 households (14 parent households/11 child households; details on page 3)

Required Documents

For Application

(1) Application form
(2) **Two postcards** (85 yen each) (with the sender's address and name written on the front; these are for notifying you of the lottery number and results)
Note: Please be aware that any missing information or other problems in your application form may disqualify you from the lottery.

After Being Chosen in the Lottery

(1) 住民票 (Certificate of Residence) for the parent household and child household (that is printed with "世帯全員 [All Household Members]" and the members' relationships with one another)
(2) A document that proves the parent-child relationship (such as the 戸籍謄本 [Certificate of Residence with Family Register] of child household)

Application Method

Submit the required documents to the following address by postal mail.
Send to: Cosmos Aoyama, 5-53-67 Jingumae, Shibuya-ku, 150-8322
Relocation Office, Municipally-Owned Housing Applications Center, JKK Tokyo
We will only accept applications that are sent by postal mail to the Municipally-Owned Housing Applications Center, JKK Tokyo by **December 14 (Mon.).**

Application Form Distribution Period/Locations

Distribution Period: December 1 (Tue.) – 9 (Wed.), 2026, 9:00 a.m. – 6:00 p.m.
(Excluding the weekend)
Application forms will be distributed at the Municipally-Owned Housing Applications Center Relocation Office and any of our Consultation Centers during the distribution period.

Lottery Date

Scheduled for mid-January 2027 (tentative)
You will be notified of the actual date/time, etc., of the lottery by a postcard informing you of your lottery number.

Housing Arrangements

(1) There will be no relocation to newly built housing, Barrier-Free Housing (車いす住宅), and Silver Pia Housing (シルバーピア住宅).
(2) Because arrangements are made as existing residents move out of apartments in your application area, **you will not be able to specify floors or other factors.**
(3) Housing arrangements will begin around June 2027. Please be aware, however, that depending on the circumstances in your application area, it may take some time before your housing arrangements are made.

Other

When moving into your new apartment, you will need to complete certain procedures, such as relinquishing your current apartment, and submitting the necessary documents.

Professor Panda's Prefecture Trivia! Journey Around Japan with Professor Panda

No. 7: Fukushima (Prefectural capital: Fukushima City)

Fukushima is the southernmost prefecture in the Tohoku area, and Japan's third-largest prefecture by area. It is split into three regions—Aizu, Nakadori, and Hamadori—which have different climates and cultures despite being within the same prefecture. Fukushima's famous local cuisine, Kitakata ramen, is considered one of the Big Three types of ramen in Japan.

Q: What is the name of the red cow doll with a wobbly head that is traditionally made in Fukushima's Aizu region?
➡Answer on page 4.



List of Eligible Areas for the Parent-Child Relocation Program (December 2026)

Eligible Areas for Parent Household Relocation

Area #	City/Ward Name	Housing Name	Main Address	# of Lottery Households	Target # of Residents	Floor plan	Floor size (m^2)	Elevator?
1	Shinjuku	Hyakunincho 4-chome Apartment	4-8 Hyakunincho, Shinjuku City	1	1-2 people	1DK	35	Yes
2	Koto	Kitasuna 1-chome Apartment	1-1 Kitasuna, Koto City	1	1-2 people	2DK	33	Yes
3	Setagaya	Shimouma 2-chome Apartment	2-33 Shimouma, Setagaya City, etc.	1	1-2 people	1DK	34	Yes
4	Suginami	Takaido-Nishi 1-chome Apartment	1-31 Takaido-Nishi, Suginami City, etc.	1	1-2 people	1DK	33	Yes
5	Kita	Kamiya 3-chome Apartment No. 2	3-13 Kamiya, Kita City	1	1-2 people	2DK	37	Yes
6	Itabashi	Sakashita 2-chome Apartment	2-8 Sakashita, Itabashi City	1	1-2 people	2DK	33	Yes
7	Nerima	Shakujiimachi 2-chome Apartment No. 3	2-18 Shakujiimachi, Nerima City	1	1-2 people	1DK	34	Yes
8	Adachi	Ogi 2-chome Apartment	2-36 Ogi, Adachi City, etc.	1	1-2 people	1DK	32	Yes
9	Katsushika	Minami-Mizumoto 3-chome Apartment	3-3 Minami-Mizumoto, Katsushika City	1	1-2 people	1DK	34	Yes
10	Edogawa	Shimo-Shinozakimachi Apartment	2 Shimo-Shinozakimachi, Edogawa City	1	1-2 people	1DK	34	Yes
11	Fuchu	Fuchu Minamicho 4-chome Apartment	4-40 Minamicho, Fuchu City	1	1-2 people	1DK	32	Yes
12	Akishima	Nakagami Apartment No. 3	1237 Nakagamicho, Akishima City, etc.	1	1-2 people	1DK	32	Yes
13	Chofu	Kokuryocho 8-chome Apartment	8-1 Kokuryocho, Chofu City	1	1-2 people	1DK	35	Yes
14	Kunitachi	Kunitachi Fujimidai 4-chome Apartment	4-18 Fujimidai Kunitachi City, etc.	1	1-2 people	1DK	34	Yes

Eligible Areas for Child Household Relocation

Area #	City/Ward Name	Housing Name	Main Address	# of Lottery Households	Target # of Residents	Floor plan	Floor size (m^2)	Elevator?
15	Shinjuku	Hyakunincho 4-chome Apartment No. 2	4-7 Hyakunincho, Shinjuku City	1	1-2 people	1DK	33	Yes
16	Koto	Edagawa 1-chome Apartment	1-5 Edagawa, Koto City	1	2+ people	2DK	40	Yes
17	Setagaya	Kasuya 2-chome Apartment	2-19 Kasuya, Setagaya City	1	1-2 people	1DK	34	Yes
18	Nakano	Yayoicho 2-chome Apartment	2-47 Yayoicho, Nakano City etc.	1	2+ people	2DK	52	Yes
19	Arakawa	Machiya 6-chome Apartment No. 2	6-37 Machiya, Arakawa City	1	2+ people	2DK	54	Yes
20	Katsushika	Higashi-Shinkoiwa 1-chome Apartment	1-14 Higashi-Shinkoiwa, Katsushika City	1	2+ people	2DK	40	Yes
21	Edogawa	Matsue 4-chome Apartment	4-1 Matsue, Edogawa City	1	2+ people	3DK	55	Yes
22	Mitaka	Kamirenjaku 6-chome Apartment	6-21 Kamirenjaku, Mitaka City etc.	1	2+ people	3DK	55	Yes
23	Machida	Kogasaka Apartment	1-28 Kanamori-Higashi, Machida City	1	2+ people	2DK	53	Yes
24	Kunitachi	Kunitachi-Nishi 3-chome Apartment	3-8 Nishi, Kunitachi City	1	2+ people	3DK	55	Yes
25	Higashi Kurume	Higashi-Kurume Chuocho 2-chome Apartment	2-3 Chuocho, Higashi-Kurume City etc.	1	1-2 people	1DK	34	Yes

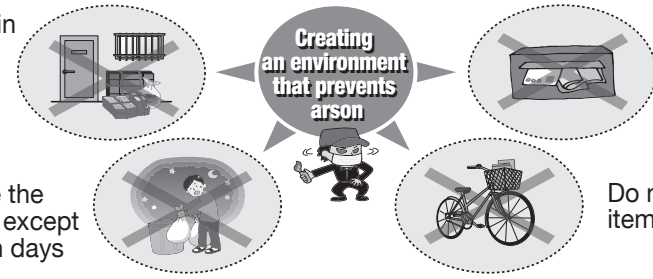
■ Inquiries about Parent-Child Relocation Program Applications

Relocation Office, Municipally-Owned Housing Applications Center, JKK Tokyo, Tel: 03-3498-8894 (Rep.)

Four Points for Preventing Arson

Fire by arson is increasing at municipally-owned housing, etc.
Here are points for you to remember, for preventing arson.

Do not leave any object in common areas such as stairs, corridors and balconies (they can also prevent evacuation)



- Do not leave any posted items and flyers in your letterbox
- Do not leave unwanted flyers, etc. near the entrance hall

Do not leave the garbage out except on collection days

Do not leave any flammable items in your bicycle basket

Pay Attention When Handling Flame!

The main causes of fires in municipally-owned housing, etc. is cooking fires, mishandling cigarettes and arson.
If you step away from the kitchen while cooking, it can lead to a major accident, so be careful. Also take care to handle cigarettes and the like properly.



Requests in the event of an accident or fire

If an accident or fire occurs in your housing complex, please contact the police or fire department immediately, and then the JKK Tokyo Customer Service Center (phone number on page 6). Calls accepted 24/7, 365 days a year.
Even if the damage is minor, such as a small fire, safety checks and repairs may be required.

Beware of Spray Can Accidents!

Spray can products such as insecticides, hair sprays and deodorants contain flammable gas and there are reports of accidents caused by spray cans in municipally-owned housing, etc., such as explosions and fire.
Make sure to pay attention to the following when using a spray can.

- Keep away from fire.
- Do not ignite any combustion equipment such as bath boilers after using the spray can.
- Make sure to ventilate thoroughly during and after use.
- Keep the spray can away from high temperatures, such as near heaters and direct sunlight.
- Make sure to use up the content before disposal.



A Message from the Tokyo Metropolitan Government's Official App—Tokyo App

Participate in the Tokyo App Lifestyle Support Project Earn points worth 11,000 yen!

The Tokyo Metropolitan Government's Tokyo App Lifestyle Support Project promotes the use of the app and provides even greater support for its residents. Use the app to verify your identity via your My Number card, and you'll receive 11,000 Tokyo Points (offer good until April 1, 2027).

Tokyo App

For more information on how to participate

In-person support for the Tokyo App Lifestyle Support Project is also available!

Support for project participants who have difficulties using their smartphones is presented in a lecture format (phone reservation required).

Public Display Corner
(Tokyo Metropolitan Assemble Building 1F)
Tuesdays, Wednesdays, Thursdays
Three sessions per day, 50 minutes per session

Tama Area Office
(Tokyo Metropolitan Archives)
Monday and Friday
Three sessions per day, 50 minutes per session

Municipal facilities
The venue, period, and starting date for reservations differ depending on the municipality.

For more information on the project

Inquiries: Please follow the voice guidance given and press the digit that corresponds to your inquiry.

Tokyo App Special Call Center

☎03-6901-7979

(9 a.m. to 7 p.m., excluding during the year-end/New Year's holidays)

#1: Sign up and log in to Tokyo App
#2: Verify your identity using your My Number card
#3: Learn about other Tokyo App features
#4: Reservations/cancellations for in-person support
#9: Other

Answer *Akabeko*

Applications for FY2027 Greywater Pipe Cleaning

Apartment complexes seeking greywater pipe cleaning must pay the cleaning fees as part of their common fees. The Tokyo Metropolitan Government cleans the pipes once a year.

Beginning with the FY2027 cleaning, the scope of cleaning will change from the kitchen area only to include the bath, washbasin and laundry areas. We plan to expand the areas covered gradually, so the cleaning scope and common fees will differ depending on where you live. Please check the "Scope of Cleaning and Common Fees" section below.

Scope of Cleaning and Common Fees

The scope of cleaning and required common fees differ depending on your area, as shown in the chart below.

	Area	Cleaning scope	Common fees
①	Chiyoda, Chuo, Minato, Taito, Sumida, Koto, Shinagawa, Ota, Arakawa, Katsushika, Edogawa	Kitchen, bath, washbasin and laundry areas (kitchen sink, bath, washbasin and washing machine areas to the first catch basin outdoors) Note: The "kitchen area only" option will no longer be offered for both new applications and renewals.	Monthly: 345 yen per unit Annually: 4,140 yen per unit
②	All other areas	Kitchen area only (kitchen drainage pipes to the first catch basin outdoors)	Monthly: 245 yen per unit Annually: 2,940 yen per unit

Application Requirements

■ In general, applications are made by apartment complex. However, in some cases applications by individual buildings may be accepted.
Please note that all residents must be informed before applying, and their consent must be obtained first.
A resolution from the residents' association general meeting or a signature list is required for new applications.

■ The fees will be added to the common fees—which are paid along with the monthly housing fees—starting in April 2027.

How to Apply

New applications

■ The representative (of the residents' association, etc.) should contact the JKK Tokyo Customer Support Center (phone number ❶ on page 6).

Continuing applications

■ The application form for FY2027 was sent to the representative (of the residents' association, etc.) in late October. The representative must inform all residents about the cleaning details and common area fees and receive their agreement before applying.

Application Period and Where to Apply

■ From Monday, November 2 to Monday, November 30, 2026

■ Apply at the JKK Customer Center that handles your complex; if you applied last year, you can apply online as shown below.

[For housing complexes that had the same work done last year] About applying online

Any housing complex resident who wishes to have drainpipes cleaned following 2026 can apply online. Please note, however, that new applicants cannot use the online application system.

Application form QR

Apply from the JKK Tokyo website



JKK Tokyo website> Residents of Municipally-Owned Housing, etc.
> List of Online Applications > Resident Association-related Procedures
> 8. Applications for Greywater Pipe Cleaning (for renewal applications)
Note: If you are applying for the first time, you must register a new account on LoGo Form.

Message From the Tokyo Metropolitan Hospital Organization

Diabetes Complications That Lead to a Decline in Quality of Life

地方独立行政法人
東京都立病院機構
Tokyo Metropolitan Hospital Organization

Diabetes damages blood vessels throughout the body because of persistently high blood sugar levels, leading to various complications.

These complications are life-threatening and also significantly impair quality of life (QOL). In particular, the three major complications—neuropathy, retinopathy, and nephropathy—often progress rapidly from an early stage and directly affect daily life. Neuropathy can cause numbness, pain and loss of sensation in the feet and legs, which can make basic activities such as walking and housework difficult. Retinopathy can lead to vision loss or even blindness. Nephropathy may progress to the point that dialysis is required, severely limiting your freedom in daily life.

As arteries continue to harden, major vascular complications such as heart attacks and strokes can occur, which can have life-threatening consequences. In cases of diabetic foot problems, even a minor wound can become severe and may result in amputation due to gangrene. Proper blood sugar management and regular checkups are essential to prevent these outcomes. Learning the facts about diabetes and committing to lifestyle changes and treatment from an early stage are the key steps to maintaining your QOL.

Diabetic Neuropathy	Diabetic Retinopathy	Diabetic Nephropathy
Numbness in hands and feet; risk of leg amputation	May lead to blindness	Risks of dialysis





For more information on diabetes complications:

The organization LINE also sends out various other relevant columns

LINE

JKK Tokyo Customer Support Center

The phone lines are often very busy on Mondays and the day after a holiday.
If you are not in a rush, please call on a different day.

Hours **9 a.m. to 6 p.m. (excluding Saturdays, Sundays, national holidays and during the year-end/New Year's holidays)**

1 For questions about procedures, housing fee payments, and/or day-to-day living

ナビダイヤル 0570-03-0071
☎03-6279-2652

2 For application or consultation regarding repairs
For emergency repairs (leaks, etc.), accidents and/or fires, suspension of water supply, emergencies that threaten resident safety, etc.
Open 24/7, 365 days a year.

ナビダイヤル 0570-03-0072
☎03-6279-2653

- **Navi-Dial is not covered by the free calls or fixed-rate calling plans that mobile phone carriers offer.**

In addition, call charges vary depending on your connection and device.
For the actual process, please listen to the rate guidance at the beginning of the phone call or visit the Navi-Dial website.
Note: There are no charges for the rate guidance that plays at the beginning of the phone call.

- **Please have your "名義人番号" (lessee number) ready to ensure that we can handle your request faster.**

Please click here for the FAQ regarding procedures, etc.

Access the list of online applications for municipally-owned housing, etc.

Access the non-emergency housing unit repair request email form

Housing Policy Headquarters, Tokyo Metropolitan Government website
東京都住宅政策本部 Search

JKK Tokyo website "For residents of municipally-owned housing, etc."
都営住宅　お住まいの皆さま Search

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Foreign-language versions

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SAVE THE GREEN EARTH!