

JoyLiV PDF edition

Public Housing Management Section, Public Housing Division, Tokyo Metropolitan Housing Supply Corporation
Terrace Shibuya Mitake 1-15-15 Shibuya, Shibuya-ku, Tokyo 150-8543

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We have started accepting online applications for the Certification of Parking Space Usage Consent!



Previously, you had to visit the management office twice—once to fill out the application form and again to pick up your certificate. Now, you only need to visit the office once to pick it up!

Applications can be submitted 24 hours a day from your smartphone or computer. It's convenient and smoothly.



How to Use

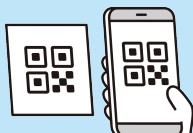
*The Parking Space Usage Consent Form is a required document if you plan to use a parking lot after purchasing a new car or moving.

STEP 01

Access the URL or QR code below
(please access the form that applies to you).

▼For those living in public housing ▼For those living or working near housing

<https://logoform.jp/form/sVy9/1140928> <https://logoform.jp/form/sVy9/1290516>



STEP 02

Fill in and upload the required information and documents
for the Parking Space Usage Consent Form application.



STEP 03

Once the review is complete, you can pick up the consent form!

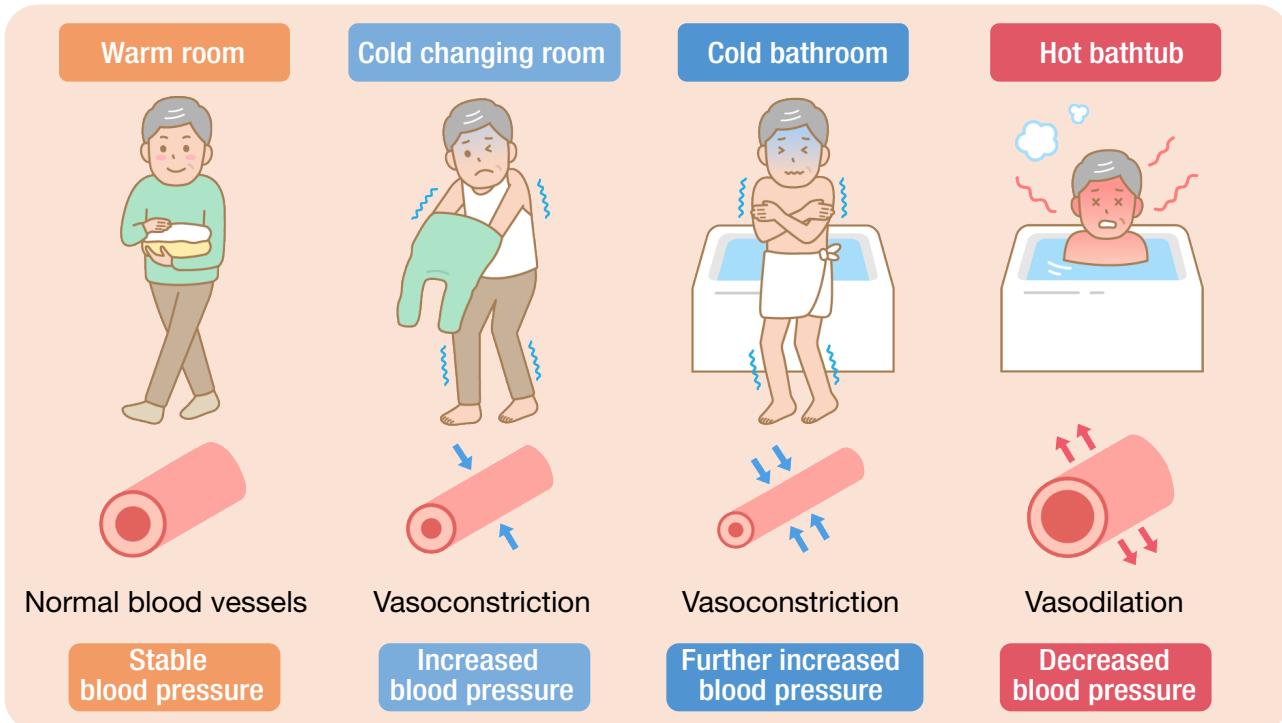
* The Parking Space Usage Consent Form will continue to be issued in paper form, as before. Once the consent form has been issued, you will be contacted by phone by the management office front desk. Please come and collect it. (It takes approximately one week after application.)



Prevent Heat Shock!

Heat shock occurs when there is a sudden change in blood pressure caused by abrupt temperature differences, such as entering a cold bathroom, washroom, or toilet during winter. These rapid changes place strain on the heart and blood vessels. Older adults, as well as people with high blood pressure or diabetes, should be especially cautious.

Example of how heat shock occurs:



Measures to prevent heat shock

- Warm up the changing room and bathroom before bathing.
Open the bathtub cover after the water has been heated.
- When bathing, begin by pouring warm water over your body or taking a shower.
- Set the water temperature to below 41°C.
Do not stay in hot water for more than 10 minutes.
- Avoid bathing immediately after eating, drinking alcohol, or taking medication.
- Drink plenty of fluids.



Heat shock symptoms:

Dizziness, lightheadedness, fainting, myocardial infarction, arrhythmia, cerebral infarction

What to do if heat shock occurs:

- Do not stand up suddenly
- Drain the bathtub water before you lose consciousness
Turning off the plug while you are still conscious can help reduce the risk of drowning.

Prevent Mold in Your Home!



Mold grows when the following four conditions are present. Ignoring mold in a room can not only cause damage to the building but may also negatively affect your health. Be sure to take prompt measures to prevent mold so you can live comfortably in your home.

Humidity (moisture)

Mold thrives in moisture. It becomes active at around 60% humidity and spreads rapidly at 80% or higher.

Temperature

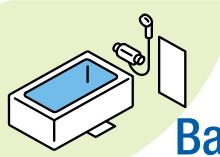
Mold prefers warm temperatures between 15°C and 30°C, and is most active at 25–28°C.

Nutrients

Most household items—such as food scraps, clothing, wood, dust, dirt, and mites—can serve as nutrients for mold.

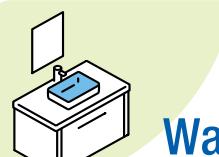
Oxygen

Because mold is a living organism, it requires oxygen to grow.



Bathroom

- After taking a bath, remove dirt such as soap scum and skin oil (sebum), which are a source of nutrition for mold. Spraying water from the shower to lower the room temperature is also effective.
- Finally, use a towel to wipe away moisture and ventilate the room.



Washroom

- Frequently wipe and ventilate any wet areas.
- Occasionally open the door or any drawers on the washbasin unit and allow it to ventilate.
- It is important not to leave damp bath mats on the floor.



Kitchen

- Turn on the ventilation fan when cooking or washing dishes.
- Thoroughly clean areas in the kitchen that are normally difficult to reach such as corners of cabinets.



Entrance

- Remove any dirt when entering the home from outdoors and place shoes that you have worn for the day or wet umbrellas at the entrance for the night so that they can dry out before storing them away.
- Placing baking soda in a small box or cup and putting this inside your shoe cabinet is an effective way of removing unwanted odors and lowering the humidity.



Living room and bedrooms

- Mold can easily form behind furniture placed close to walls, so leave a gap of about 5 cm.
- Regularly maintain sufficient ventilation in locations where clothes are stored.
- Place slatted wooden boards in cupboards to prevent the buildup of moisture.



Air conditioners and windows

- If you suffer from allergies, mold may cause symptoms such as asthma so it is important to regularly clean the filters.
- Condensation on windows easily forms during the winter and if left untreated will result in mold. Regularly clean windows, ventilate the room, and wash curtains.

Use the Convenient Bank Transfer to Pay Rent or Other Bills

Bank transfer procedures

① Fill out the form

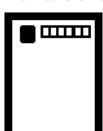


② Submit it to the bank



③ Receive notification

*Arrives early in the month when the transfer begins.



④ Transfer begins

*Withdrawals are performed on the 7th of every month



*A bank transfer application form can be obtained from the management office and contact center. Contact the Customer Center if you wish to receive it by mail.

For participating institutions and application procedures, please call or visit our website.



Inquiries Page 4 "JKK Tokyo Customer Center" telephone number ①

Website address <https://www.to-kousya.or.jp/>

Scan the QR code to open a page containing information about bank transfers



"JKK Tokyo Customer Center" Contact Information

Phone lines are typically busy on Mondays and the day after holidays, so you may experience difficulty getting through. If your inquiry is not urgent, we recommend calling on another day.

Reception Hours 9:00am - 6:00pm (closed on Saturdays, Sundays, national holidays, and the Year-End/New Year holidays)

① For procedures, rent payments, housing consultations

 0570-03-0031
 03-6279-2962



② For maintenance and repair requests and inquiries

Emergency repairs (such as water leaks accidents, fires, and tenant safety issues) are available 24 hours a day, 365 days a year.

 0570-03-0032
 03-6279-2963



- Navi Dial calls are not covered by free call or flat-rate plans offered by telecommunications carriers. Call charges vary depending on your line and device. Please refer to your carrier's fee guide or the Navi Dial website for details.
- Note: No call charges are incurred during the initial fee guidance message that plays at the beginning of the call.
- Providing your "resident code" when calling can help shorten the time required for your inquiry.

Here is the link for various notices and frequently asked questions regarding procedures and repairs.



Are you aware of any children who may be experiencing abuse?



Checklist for detecting abuse (excerpt)

Look for signs such as:

- Unexplained bruises, contusions, or burn marks
- Being locked out of the house
- Clothes or body always dirty
- Not being fed properly
- Playing or wandering around late at night

If you notice anything unusual about a child or guardian, please act quickly.

Call  189

いちはやく
(Child Abuse Response Hotline)

Please refrain from smoking in the common areas, including balconies.



For the health and well-being of everyone, please help prevent passive smoking.