



JoyLiV PDF edition



JKK東京

ひとと、くらしをあったかく。

Public Housing Management Section, Public Housing Division, Tokyo Metropolitan Housing Supply Corporation
Terrace Shibuya Mitake 1-15-15 Shibuya, Shibuya-ku, Tokyo 150-8543

Take appropriate measures to

prevent heat stroke!

今年の夏も
沸とう京

Tokyo Metropolitan Government
Heat Stroke Prevention
Portal Site



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Drink plenty of fluids



About half a glass every hour

Remember to drink water before you feel thirsty.

Don't hesitate to use the air conditioner



Avoid trying conserve electricity unnecessarily - use appliances properly, including at night

Wear clothes that keep you cool



Use cooling products, such as neck coolers

Use parasols and hats



Avoid direct sunlight

Use cooling shelters and other cool spaces



Take frequent breaks in cool places when you go out

Talk to people around you



Stay in touch with family, friends, and neighbors

Check the heat index (WBGT)



Monitor the "heat index" daily (temperature, humidity, sunshine, etc.)

Maintain a healthy lifestyle



Get enough sleep and eat a balanced diet

Providing information regarding heatstroke!

Cooling shelter/
cool share spot



Tokyo
Heatmap



If you are unsure whether to call an ambulance...
Tokyo Fire Department Emergency Consultation Center
Call #7119



Notice from the Waterworks Bureau

Basic water charges will be waived as part of measures to address consumer price rise and hot weather

- This applies to the four summer months of this fiscal year (either June to July and August to September, or July to August and September to October)
 - This waiver does not include metered water charges and sewerage charges.
- For households with a small-diameter (13mm, 20mm, or 25mm) water supply contract with the Tokyo Metropolitan Government Bureau of Waterworks
 - A total of 3,784 to 6,424 yen (tax included) will be waived from four months' bill. No application is required.

[Inquiries] Waterworks Bureau Customer Service Center: 0570-091-100

If you are unable to use Navi Dial, please call one of the numbers below.

☎ 03-5326-1101 (23 wards), or ☎ 042-548-5110 (26 cities and towns in the Tama area)

* Reception hours: 8:30am to 8pm (closed Sundays and public holidays)

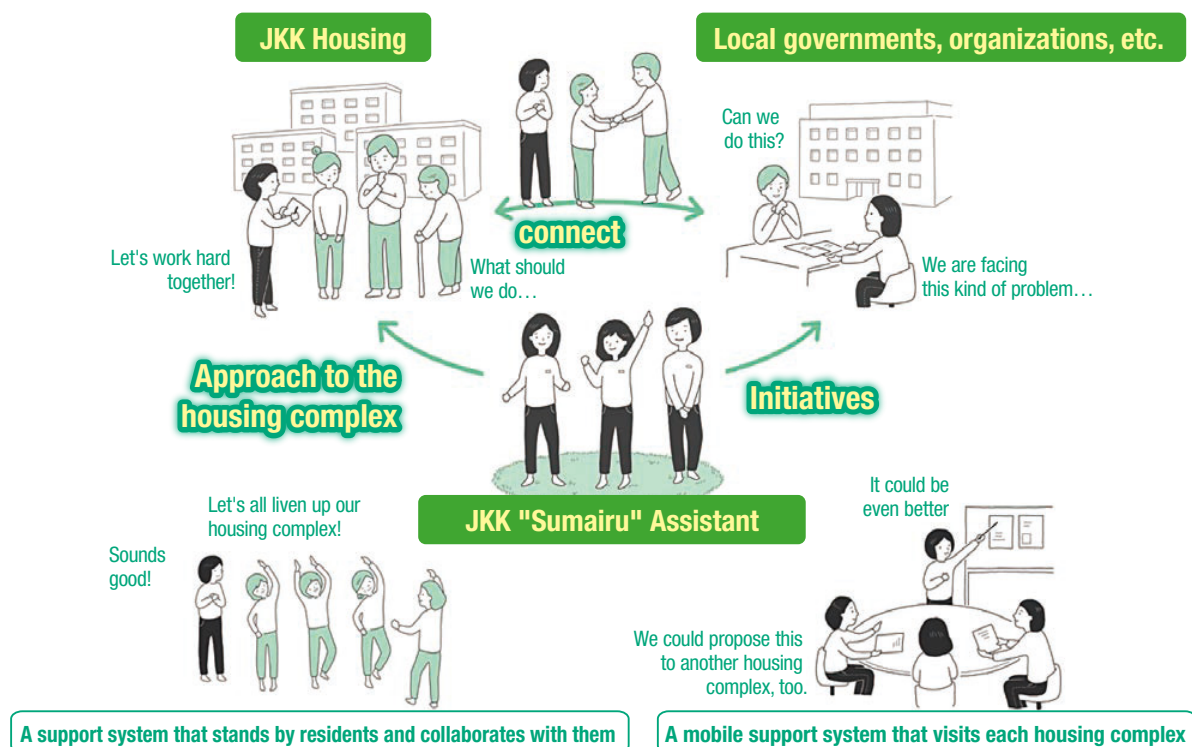
For more information, scan here



JKK “Sumairu” Assistant

The JKK “Sumairu” Assistant program helps connect you with local governments and welfare organizations, while also listening directly to your concerns about community connections and welfare needs. Through this bridge, we provide support to help you lead a fulfilling life and make your community more vibrant.

Revitalizing housing complex communities with the "JKK Sumairu Assistant"



<Case studies>

Case 1

**Collaboration with Hachioji City
(Tominheim Minami-Osawa Higashi)**

“Sumairu, a place where we connect”



We held a “slow aerobics” event for elderly residents at the community salon. After gentle stretching and light exercise, everyone enjoyed chatting over tea. It was a relaxed atmosphere that refreshed both body and mind.

Case 2

**Collaboration with the local
community (Carmest Okura no Mori)**

“Nagomidokoro - a peaceful place”



Elderly residents and children from a nearby nursery school gathered at the community salon and enjoyed crafts and games together. It was a warm intergenerational experience filled with smiles and laughter.

"Suzumidokoro" Cooling Spots

Enjoy a comfortable and fun time 🎵

Relax in air-conditioned
community salons.

Special events will also be hosted
by the JKK "Sumairu" Assistant.

No reservation
required
Free admission
Open entry



For more information,
scan here



Place and date/time



Horie

August 15 (Fri), 10:00 am to 12:00 pm



Tomin Heim Kahei 1-chome

August 18 (Mon), 1:00 pm to 3:00 pm



Kosha Heim Nakamura-Kita

August 19 (Tue), 1:30 pm to 3:00pm



Koganei-Honch

Every Wednesdays in August 10:00 am to 12:00 pm.
(Aug. 6, 13, 20, and 27)



Carmest Okura no Mori

September 30 (Tue), 10:00 am to 11:30 am

JKK Cooling Spots

At some management offices, you can use the "JKK Cooling Spot" as part of our heatstroke prevention measures. Please visit our website for details.



*Cooling spot: A place where people can take a temporary break from the heat to prevent heatstroke.



“Recognize Stroke Symptoms Early to Save Your Life”

A stroke occurs when a blood vessel in the brain suddenly ruptures or becomes blocked. A ruptured blood vessel in the brain is called a “hemorrhagic stroke,” and a blocked blood vessel in the brain is called an “ischemic stroke (cerebral infarction).”

It is not rare for someone to suffer a stroke and end up requiring nursing care. An early response to a stroke is very important.

In this article, we will explain the “**FAST Check**,” which will help you identify the signs of a stroke.



Chief of Neurosurgery at
Bokuto Metropolitan Hospital
Tukasa Tsuchiya

F

Face

One cheek drooping



Check if either side of your mouth is crooked or if your eyelids are drooping. Stand in front of a mirror and smile widely, as if saying 'eeek,' to see if both corners of your mouth are level. Paralysis of the facial muscles can cause one side of the face to appear distorted.

A

Arm

Weakness in one arm



Raise both arms to shoulder height and hold them still with your palms facing up. If one arm begins to drop, it could be a sign of a stroke.

S

Speech

Speech difficulty



Slurred speech, difficulty finding words, and trouble understanding others can be signs of a stroke.

T

Time

Call an ambulance immediately



Observe the face, arms, and speech. If you notice anything abnormal, call an ambulance immediately and go to the hospital. Early treatment is crucial for stroke.

In addition to these signs, symptoms such as loss of consciousness, loss of half of your field of vision, double vision, and severe headaches may also indicate a stroke.

The main cause of stroke is high blood pressure. If you have high blood pressure or are concerned about recent weight gain, you should reassess your lifestyle habits.

And if you notice any of the signs of a stroke, do not hesitate to call an ambulance. Know the signs of a stroke and be prepared for the worst.

For more information
about stroke, scan here ↓



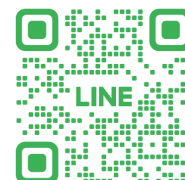
地方独立行政法人

東京都立病院機構

The Tokyo Metropolitan Hospital Organization provides helpful health columns and information on Tokyo Metropolitan Hospitals on its official LINE account!



Scan here to register as a friend →



“Monitoring Service” for the Elderly

In consideration of the increasing number of elderly households in JKK housing, we have provided a monitoring service that uses devices such as sensors, in cooperation with a company.

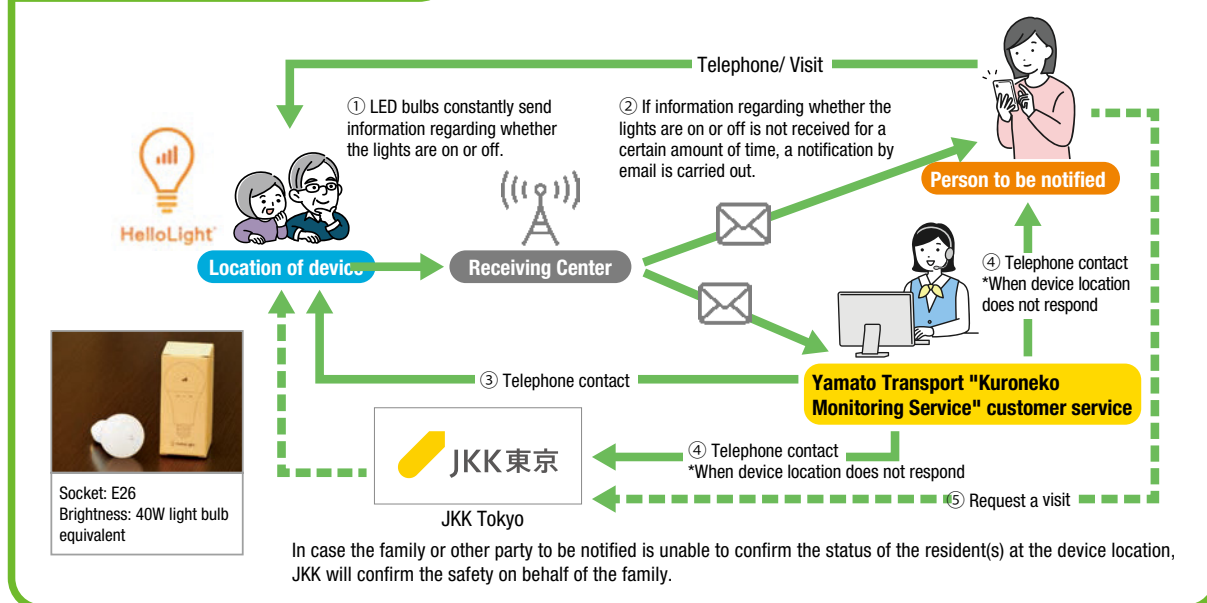
If you are interested in using this service, please apply using the contact information shown below.

Yamato Transport “Kuroneko Monitoring Service”

Monthly cost
1,078 yen
(tax included)

Install a “Hello Light” LED light bulb with communication functionality in restrooms and other frequently used area on a daily basis. If a light is not turned on or off for a certain period of time, a notification will be sent to the pre-registered email address.

Overview of Services



If the bulb is not turned on or off between 9:00 am the previous day and 8:59 am the current day, the system will detect this as an abnormality and send a notification by email to the pre-registered notification address between 9:00 am and 10:00 am of the current day.

Application / Inquiries

Yamato Transport “Kuroneko Monitoring Service”
customer service

Tel.: **0120-86-2220**

Reception hours: 9:00 am– 6:00 pm
(Closed during End of Year and New Year holidays)

Scan the 2D code below to access the application screen.



Notice Regarding the Hot Water Supply Equipment Replacement Construction

● Regarding units with hot water supply equipment prepared **by JKK**

For housing built after 1983, where hot water supply equipment (water heater and bath heater) was installed in all units from the start of management, JKK carries out replacement work on a planned schedule that aligns with renewal dates.

For housing built before 1983, where hot water supply equipment was not originally installed, JKK installs the hot water supply equipment during vacant unit repair work or similar activities. As installation times vary by unit, we notify each unit individually when it's time for renewal and replacement.

Note: This does not apply if the customer has installed their own bathtub or bath heater.

● Regarding units where a bathtub and/or bath heater were **privately** installed

If you would like to replace a bathtub and/or hot water supply equipment by JKK, applications are accepted as follows.

* Expenses to remove the bathtub / bath heater before replacement shall be borne by the customer.

Application for “Bathtub / hot water supply equipment installation work”

Eligible households	Household that have privately installed a bathtub / bath heater
Housing Rent	Currently paid rent will increase by 4%. However, a one-point hot water supply (bathroom) will be approx. 3%.
Hot water supply system	Except for certain units, hot water will be supplied in two locations (bathroom and kitchen). *For the Minamisuna housing, housing for reconstruction, and commercialization housing, hot water will be supplied in one location (bathroom).

Installations are carried out in sequential order, and we appreciate the patience shown by households waiting for installation.

Inquiries

- **Inquiries regarding the water supply system, etc.**
⇒ JKK Tokyo Customer Center telephone number ② (page 12)
 - **Inquiries regarding application details**
⇒ JKK Tokyo Customer Center telephone number ① (page 12)
- * Application forms can be received and submitted to the Management Office for your housing.

Be Prepared for a Typhoon!

If you leave your personal items on the balcony, they may be blown away by strong wind and break a glass door, etc., so please place them inside your room.

Moreover, if the drain outlet on the balcony is clogged, water will not flow out, so please regularly remove any trash, etc. from the outlet. If rainwater leaks inside from the sash, please use fabric and plastic to prevent a flood.

Preparation for disaster, etc. is described on the JKK Tokyo website.



<https://www.to-kousya.or.jp/nyukyosha/saigai/index.html>



Be Careful of Water Leaking Accidents

Carelessness in daily life can lead to water leaks, which may cause not only problems in your own unit but also serious inconvenience to neighbors living below you.

Please follow these precautions to prevent water leaking accidents:



Ensure that the water supply inlet (connected faucet) and water discharge outlet are securely connected to your washing machine.



Do not pour or flush water on the entrance, toilet floors, or balcony.



Before leaving home during a water outage, make sure all faucets and water valves are turned off properly.



Frequently clean water discharge outlets for the washing machine, kitchen, washroom and bathroom.

*If you damage any household items belonging to another household because of careless use of water in your home, you will be responsible for any compensation paid to the affected household.





JKK Kids, Come Together!



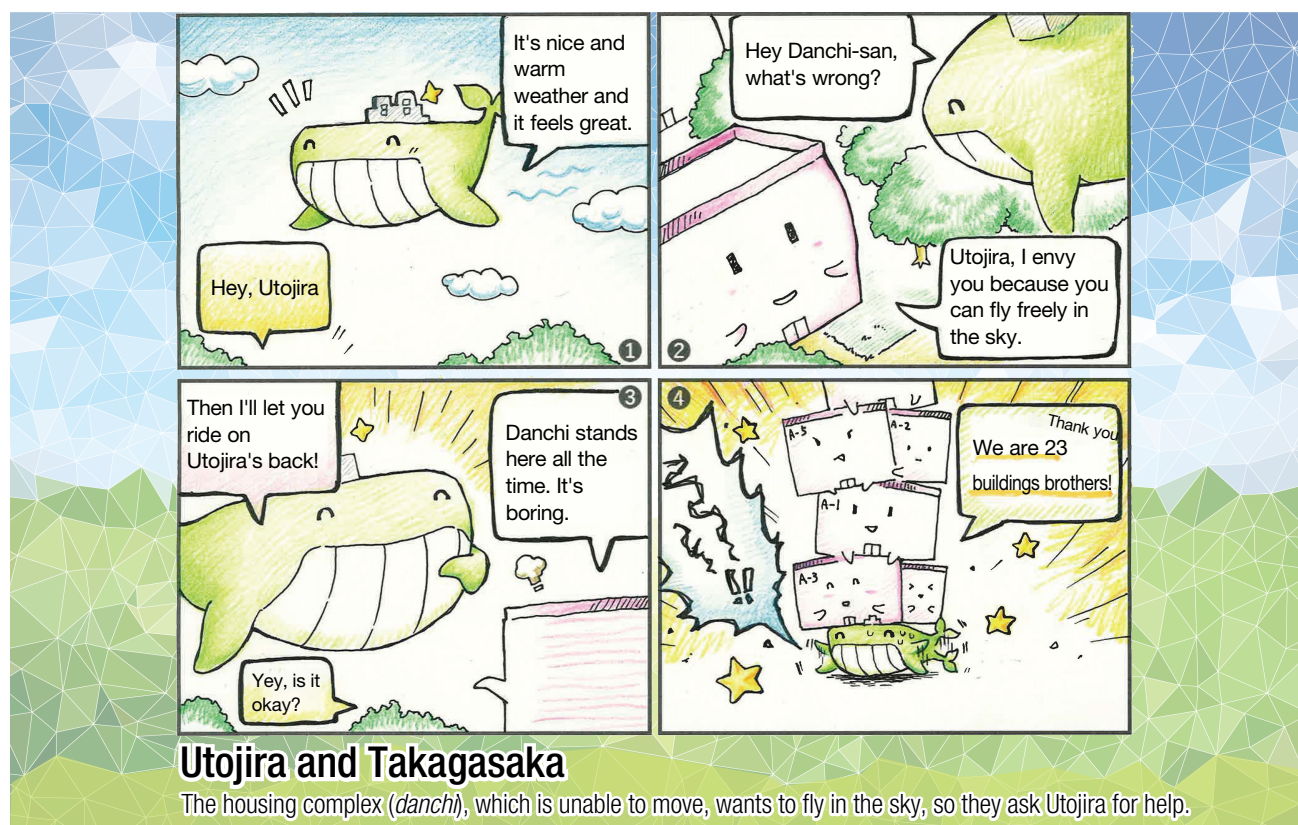
Chitose & Mizuki,
grow big like a firework!



We enjoyed lots of shaved ice
at this year's summer festival!

Utojira Art Contest

JKK held an internal four-panel manga contest featuring the character Utojira, centered around the theme "Warming People and Lives." We would like to introduce the works of the top winners.



Utojira and Takagasaka
The housing complex (*danchi*), which is unable to move, wants to fly in the sky, so they ask Utojira for help.

How About Sharing a Photo of Your Child on JoyLiV?

We are looking for photos of your children that will bring a smile to everyone when they see them on JoyLiV. Why not post photos of birthdays, your child becoming a big brother or sister, or family memories? We look forward to receiving many submissions!

1 Eligibility requirements

For those living in JKK housing

2 How to apply

Please apply through the application form

3 Contents

- The photo must be taken indoors or on residential property, with people visible in the photo.
- Message from parents
(Please include your child's name (nickname is acceptable) in the message).

4 Notes

- Please refrain from contacting us regarding whether or not you will be selected.
- The photos submitted will be used by JoyLiV free of charge.
- Works containing copyrighted material (such as famous characters) will not be accepted.
- Entries that infringe or may infringe the copyright, portrait rights or other rights of third parties will not be accepted.
- Applicants will be responsible for any communication costs incurred in applying.
- Photos may be subject to minor adjustments, such as cropping, brightness adjustment, or edits to any accompanying comments.



As a token of appreciation, we have prepared a small gift for everyone whose photo is published in the newsletter. We will also be sending gifts to those who have previously submitted photos published in the newsletter. Look forward to it!



*Photo is for illustrative purposes only.

On the official Instagram
We are currently sharing information
about fun play equipment and events
happening in the housing complex!

Follow us!

JKK Tokyo
Official Instagram



Notification from the Environmental Bureau of the Tokyo Metropolitan Government

HTT (H) Herasu (reduce) (T) Tsukuru (make) (T) Tameru (save) **Let's promote!**

Efforts to achieve a carbon-neutral society and ensure a stable energy supply are underway in Tokyo, guided by the keywords “HTT”- (H) Herasu (reduce) (T) Tsukuru (make) (T) Tameru (save) for electricity.

Especially, (H) **reduce electricity use in the summer is crucial** because electricity consumption increases in summer due to air conditioner use.

By the whole family reviewing the way we live, and employing various ideas, Let's try to save energy and **be gentle on the earth and the family budget!** We appreciate your cooperation.



Reduce electricity Big achievements by small ideas Let's start family energy-saving!

① Clean air conditioner filters frequently

Saves approx. 1,000 yen

Try to clean the filters twice a month. When the filters are clogged, the amount of intake air is reduced and cooling power decreases.

② Lower the brightness setting of the TV screen

Saves approx. 600 yen

Set the screen to energy-saving mode, and reduce the screen brightness. Before adjusting the brightness, cleaning the screen is also effective.

③ Replace fluorescent lighting fixtures with LED lighting fixtures

Save approx. 2,310 yen

Use LED lighting in high-use areas like living rooms and entryways will help you save more energy. Add motion sensors to avoid leaving lights on.

value is the annual amount saved (estimate) for a typical household.

Other approaches for HTT ((H) Herasu (reduce) (T) Tsukuru (make) (T) Tameru (save)) are posted on the Bureau of Environment Tokyo website.

https://www.kankyo.metro.tokyo.lg.jp/climate/tokyo_coolhome_coolbiz/index.html



東京HTT

検索

You can get Tokyo Zero-emi Points for the purchase of electric appliances with higher energy-saving performance!

Energy savings by electrical appliances has improved each year, and by replacing older appliances will result in significant energy savings. Please take advantage of the “Tokyo Zero-emi points” program, which allows you to receive discounts on the spot when replacing older units with energy-efficient air conditioners, refrigerators, and other eligible products.



東京ゼロエミポイント 検索

- When purchasing a qualifying appliance, the amount of corresponding points will be discounted from the sales price upon application at the registered shop
- Points are added when refrigerators and air conditioners that have been in use for more than 15 years since manufacture date are replaced. (Maximum 80,000 yen equivalent)
- In particular, high-efficiency refrigerators and air conditioners are eligible targets even though new purchases.

■ Inquires regarding power / energy-saving initiatives

The Bureau of Environment Tokyo Home Energy Division ☎ 03-5388-3533

■ Inquires regarding Tokyo Zero-emi Point

Tokyo Zero-emi Point call center ☎ 0120-083-255 (navi dial)
Business hours 9:00 a.m.- 5:00 p.m.
(Closed End of Year and New Year holidays) ☎ 03-6834-2621



Everyone Participate! /

国勢調査 2025

Please Respond Census

We recommend
responding
online!



The census will be conducted on October 1, 2025.

The census includes all individuals and households (including foreign residents) living in Japan.

Please be sure to respond.

The survey documents
will arrive
in late September.



<https://www.kokusei2025.go.jp/>

国勢調査2025

検索



[Inquiries] Public Relations Officer of Census Implementation
Headquarters of the Tokyo Metropolitan Government

☎ 03-5321-1111 (Ext. 25-516)



Statistics Bureau of the Ministry of Internal Affairs and Communications,
Tokyo Metropolitan Government, Wards, Cities, Towns and Villages

Online responding period

September 20[Sat] ▶ October 8[Wed]

Account Registration for Bank Transfer is Required to Pay JKK Rent and Other Fees

Bank
transfer
procedures

① Fill out the form

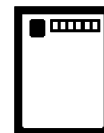


② Submit it to the bank



③ Receive notification

*Transfers are performed at the
beginning of the month



④ Transfer begins

*Withdrawals are performed on
the 7th of every month



*A bank transfer application form can be obtained from the management office and contact center.
Contact the Customer Center if you wish to receive it by mail.

To ensure proper payment of housing rent and related fees, if you change the account holder's name on a bank transfer account registered with us, you must submit a new bank transfer application form. (Please note that this is separate from the 'Registered Information Change Notification').

If you change the name on your financial institution account—such as due to a surname change from marriage or a change in the reading of your name in the family register—please promptly submit our Bank Transfer Application Form to your financial institution. Please note that it takes approximately two months for us to process the name change. Failure to complete this procedure may result in issues with the payment of rent and other fees.

For participating institutions and application procedures, please call or visit our website.



Inquiries

Page 12 “JKK Tokyo Customer Center” telephone number ①

Website address

<https://www.to-kousya.or.jp/>

← Scan the QR code to open a page containing information
about bank transfers



List of Planned Repairs Scheduled for JKK Housing (2025) -Large Tree Pruning

JKK will notify residents in advance before any work is carried out.

Planned repair schedules for other construction works were published in the JayLiV No.72 (June issue).

<Thank you for your patience during construction>

We apologize for any inconvenience during construction and appreciate your understanding.

Work/Details	Residential Complex Name		
Large Tree Pruning Pruning large trees.	Kosha Tower Tsukuda	Nakadai-machi Jutaku	Enoshima-doto Jutaku
	Honmuracho Jutaku	Kosha Heim Hikarigaoka No.2	Fujimicho Jutaku
	Ecchujima Jutaku	Okinocho Jutaku	Fujimicho-Higashi Jutaku
	Minamisuna Jutaku	Senju-Higashicho Jutaku	Kasumidai No.1 Jutaku
	Kasumidai No.2 Jutaku	Minamisuna 7-chome Jutaku	Horie Jutaku
	Tamagawa Jutaku	Nishi-Oshima Jutaku	Shinden No.2 Jutaku
	Kiso Jutaku	Kameido 9-chome Jutaku	Kosha Heim Minamiosawa No.2
	Koganei-Honcho Jutaku	Tomin Heim Toyo 6-chome	Kosha Heim Minamiosawa 5-chome
	Koganei-Takai Jutaku	Gotokuji Jutaku	Tomin Heim Kamiyugi
	Kurume-Nishi Jutaku	Kosha Heim Roka-Koen	Tomin Heim Minamiosawa-Nishi
	Hirao Jutaku		

“JKK Tokyo Customer Center” Contact Information

Phone lines are typically busy on Mondays and the day after holidays, so it may be experience difficulty getting through.
If your inquiry is not urgent, we recommend calling on another day.

Reception Hours 9:00am - 6:00pm (closed on Saturdays, Sundays, national holidays, and the New Year holidays)

① For procedures, rent payments, housing consultations



0570-03-0031



03-6279-2962



② For maintenance and repair requests and inquiries

Emergency repairs (such as leaks, accidents, fires, and tenant safety issues) are available **24 hours a day, 365 days a year**.



0570-03-0032



03-6279-2963



- Navi Dial calls are not covered by free call or flat-rate plans offered by telecommunications carriers. Call charges vary depending on your line and device. Please refer to your carrier's fee guide or the Navi Dial website for details.
Note: No call charges are incurred during the initial fee guidance message that plays at the beginning of the call.
- Providing your “resident code” when calling can help shorten the time required for your inquiry.

Here is the link for various notices and frequently asked questions regarding procedures and repairs.



Are you aware of any **children** who may be experiencing **abuse** ?



Checklist Details



Checklist for detecting abuse (excerpt)

Look for signs such as:

- ☐ Unexplained bruises, contusions, or burn marks
- ☐ Being locked out of the house
- ☐ Clothes or body always dirty
- ☐ Not being fed properly
- ☐ Playing or wandering around late at night

If you notice anything unusual about a child or guardian, please act quickly.

Call



「189」

(Child Abuse Response Hotline)

Please refrain from smoking in the common areas, including balconies.



For the health and well-being of everyone, please help prevent passive smoking.