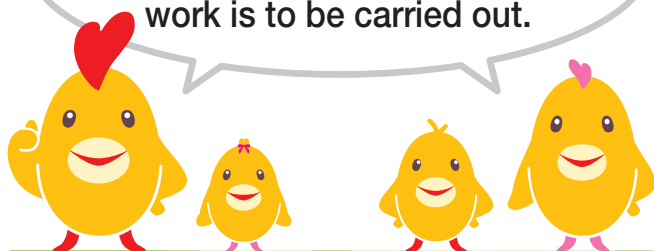


Information will be provided
 to residents in advance when
 work is to be carried out.



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List of Planned Repairs Scheduled for Public Rental Housing 2021

<<Details Pertaining to Work Implementation>>

Note that there are also cases in which work will be carried out in private areas within apartments during the planned repairs. We realize that you may be inconvenienced while the work is being carried out, but we hope you will provide your full cooperation.

Kindly note that prevalent circumstances may result in the work being cancelled.

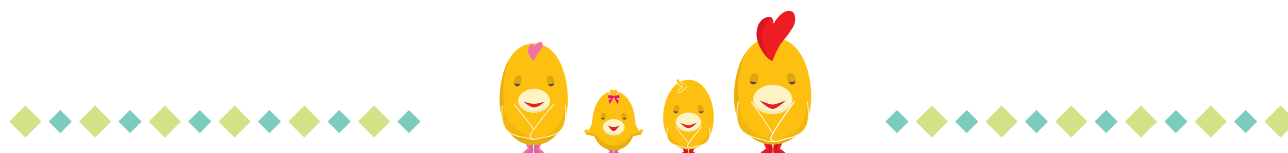
Work other than the work listed may be carried out depending on the level of deterioration.

* Work that does not list the relevant building number is work scheduled for external facilities, etc.

Work/Details	Residential Complex Name/Scheduled Building No.			
Roof Waterproofing Repairs and improvements to the waterproofing layers on roofs.	Tomin Heim Tamagawa 2 chome	25, 27	Kosha Heim Higashimurayama Sakaecho	1
	Machidakiso Jutaku	I-1~I-29	Tomin Heim Kokubunji Izumicho	1~3
External Wall Painting Undercoats will be applied to the buildings' external walls, stairwells and other public areas, and they will then be painted.	Etchujima Jutaku	27	Machidakiso Jutaku	I-1~I-29
	Horifune Daini Jutaku	1, 2	Kosha Heim Higashimurayama Sakaecho	1
	Kosha Heim Seishin	1, 2	Tomin Heim Kokubunji Izumicho	1~3
	Hachioji Izumicho Jutaku	1~9		
Iron/Steel Component Painting The iron and steel components on doors, pipes and bicycle parking areas, etc., will be painted to prevent corrosion.	Shinden Jutaku	1~3	Machidakiso Jutaku	I-1~I-29
	Kosha Heim Seishin	1, 2	Kosha Heim Higashimurayama Sakaecho	1
	Hachioji Izumicho Jutaku	1~9	Tomin Heim Kokubunji Izumicho	1~3
Window Frame Repairs Window sashes will be replaced.	Etchujima Jutaku	27	Horifune Daini Jutaku	1, 2
	Tomin Tower Shinonome	1		
Road Repairs Repairs will be made to the roads and gutters, etc., within the estate.	Kosha Heim Yashiokita	—	Horie Jutaku	—
	Kosha Heim Hikarigaoka No.1	—	Haruecho Tsubaki Jutaku	—
	Kosha Heim Hikarigaoka No.2	—	Kosha Heim Minamiosawa 5 chome	—
	Okinocho Jutaku	—	Fujimichohigashi Jutaku	—

Work/Details	Residential Complex Name/Scheduled Building No.			
Estate Maintenance Maintenance will be carried out within the estate.	Okinocho Jutaku	—	Tama New Town Matsugaya No.2	—
	Horie Jutaku	—	Fujimichohigashi Jutaku	—
	Kosha Heim Minamiosawa 5 chome	—		
Park Amusement Equipment Repairs Parks located within the estate will be maintained.	Tomin Heim Nerima Hikawadai	—	Tomin Heim Minamiosawahigashi	—
	Okinocho Jutaku	—	Kasumidai Daiichi, Daini Jutaku	—
	Tomin Heim Matsue 2 chome	—		
Large Tree Trimming Large trees will be trimmed.	Kosha Heim Sengoku	—	Kogasaka Jutaku	—
	Tomin Heim Nishigotanda 4 chome	—	Morino Jutaku	—
	Kosha Heim Nakaikegami	—	Honmachida Jutaku	—
	Kosha Heim Mishuku Terrace	—	Sakaigawa Jutaku	—
	Kosha Heim Taishido	—	Tomin Heim Koganei Nakacho	—
	Tomin Heim Minamidai 3 chome	—	Tanashi Nishihara Jutaku	—
	Kami-Shakujii Jutaku	—	Kiyosedaita Jutaku	—
	Kosha Heim Hikarigaoka No.1	—	Kosha Heim Kiyosedaita	—
	Tama New Town Matsugaya	—	Tama New Town Ochiai	—
	Matsue Jutaku	—	Higashiteragata Jutaku	—
	Kosha Heim Hachioji Midoricho	—	Tama New Town Ochiai 3 chome	—
Water Supply Pump Repairs Water supply pumps will be replaced or repaired.	Minamisuna Jutaku	—		
Pressurized Water Supply Pump Installation Pressurized pumps that are not connected to existing water tanks will be installed for supplying water.	Kosha Heim Hikarigaoka No.1	1, 2	Kosha Heim Hikarigaoka No.3	5
	Kosha Heim Hikarigaoka No.2	4	Kosha Heim Hikarigaoka No.4	9
Gas Equipment Repairs Gas pipes inside each residence will be repaired.	Tanashi Nishihara Jutaku	F-3, F-4	Hirao Jutaku	24~26, 34~36
Ventilation Equipment Repairs The ventilation equipment in each residence will be repaired.	Kosha Heim Kohinata	1	Kosha Heim Minamikamata	2, 3
	Minamisuna Jutaku	1, 3	Kosha Heim Tamagawa	1
	Kosha Heim Nakarokugou	2	Kosha Heim Sakashita	F, G, H
Water Heater Replacement The water heaters will be replaced.	Kosha Heim Midori 4 chome	1	Kosha Heim Suginami Wada	1
	Tomin Heim Tamagawadenenchofu	11, 12	Tomin Heim Komatsugawa	1
	Kosha Heim Jingumae 5 chome	1	Tomin Heim Funabori 7 chome	1
Drop-In Cooking Stove Replacement Drop-in cooking stoves will be replaced.	Kosha Heim Chitose-Karasuyama	1~4	Kosha Heim Mukaihara	1~4
	Kosha Heim Sangenjaya	1, 2		
Fire Extinguisher Replacement The fire extinguishers in each residence will be replaced.	Minamisuna Jutaku	1, 3~7	Horifune Daini Jutaku	1, 2
	Kosha Heim Yashionishi	17	Kosha Heim Sakashita	A~E
	Tomin Heim Omorinishi	1	Kosha Heim Mukaihara	1~4
	Kosha Heim Nakarokugou	1	Kosha Heim Seishin	2
	Kosha Heim Roka-koen	4	Kosha Heim Minamikasai 5 chome	1~5
	Kosha Heim Chitose-Karasuyama	1~4	Kosha Heim Rinkaicho 2 chome	8, 9
	Kosha Heim Sangenjaya	1, 2	Kosha Heim Misonocho	1
	Tomin Tower Ukima 3 chome	1	Kurumeshimosato Jutaku	1~18
Bathroom Dryer Repairs Bathroom Dryer will be repaired.	Kosha Heim Suginami Wada	1	Kosha Heim Fujimidai	1
	Kosha Heim Kohinata	1	Kosha Heim Chihaya	1
	Kosha Heim Minamisunaekimae	1	Kosha Heim Komagome	1, 2
	Kosha Heim Oimachi	1	Kosha Heim Sakashita	F, G, H
	Kosha Heim Tamagawa	1	Emiel Tower Takenotsuka	1

Work/Details	Residential Complex Name/Scheduled Building No.			
Air conditioner repair JKK installed air conditioners in the residence will be replaced.	Kosha Heim Chitose-Karasuyama	1~4	Kosha Heim Mukaihara	1~4
	Kosha Heim Sangenjaya	1, 2		
Public Lighting Repairs The lights on the stairs, in the corridors and in other public areas will be replaced with LED lamps.	Kosha Heim Kanda	1	Tomin Heim Funado 2 chome	1
	Tomin Heim Kita-Aoyama 1 chome	5	Kosha Heim Shimura	1
	Tomin Heim Yokokawa 1 chome	1	Tamagawa Jutaku	I-1~I-15
	Tomin Heim Shiohama 2 chome No.1	1	Honmachida Jutaku	I-1~I-13, Ro-1~Ro-12
	Kosha Heim Kameido 7 chome	1		
	Tomin Heim Kugahara 5 chome	1	Machidakiso Jutaku	I-1~I-29
	Kosha Heim Roka-koen	1~3	Tomin Heim Ontacho	1
	Kosha Heim Sasazuka	1	Tanashi Minamishiba Jutaku	1~7
	Tomin Heim Hasune 2 chome	1	Kosha Heim Umezono 2 chome	1
Outdoor Lighting Repairs The outdoor lights will be replaced with LED lamps.	Kosha Heim Kanda	—	Tomin Heim Funado 2 chome	—
	Tomin Heim Kita-Aoyama 1 chome	—	Okinocho Jutaku	—
	Tomin Heim Yokokawa 1 chome	—	Tamagawa Jutaku	—
	Tomin Heim Shiohama 2 chome No.1	—	Honmachida Jutaku	—
	Kosha Heim Kameido 7 chome	—	Machidakiso Jutaku	—
	Tomin Heim Kugahara 5 chome	—	Tomin Heim Ontacho	—
	Kosha Heim Sasazuka	—	Tanashi Minamishiba Jutaku	—
	Tomin Heim Hasune 2 chome	—	Kosha Heim Umezono 2 chome	—
Parking Lot Lighting Repairs The lights in the parking lot will be replaced with LED lamps.	Tomin Heim Yokokawa 1 chome	—	Kosha Heim Shimura	—
	Tomin Heim Shiohama 2 chome No.1	—	Tamagawa Jutaku	—
	Kosha Heim Kameido 7 chome	—	Honmachida Jutaku	—
	Tomin Heim Kugahara 5 chome	—	Machidakiso Jutaku	—
	Kosha Heim Sasazuka	—	Tomin Heim Ontacho	—
	Tomin Heim Hasune 2 chome	—	Tanashi Minamishiba Jutaku	—
	Tomin Heim Funado 2 chome	—	Kosha Heim Umezono 2 chome	—
Common Television Antenna Repairs The common television antenna will be repaired.	Tomin Heim Omorinishi	1	Haruecho Tsubaki Jutaku	1, 2
	Maenochi Daini Jutaku	1	Tomin Heim Funabori 3 chome	1
	Shingashi 1 chome Jutaku	4	Higashikasai Daiichi Jutaku	1
	Tomin Heim Narimasu 3 chome	1	Tomin Heim Ichinoe	1
	Nishiaraihoncho Jutaku	1, 2	Tomin Heim Funabori 7 chome	1
	River Breeze Ayase	1	Kosha Heim Atago 4 chome	2, 3
Water supply power equipment repair Water supply power equipment repair will be replaced.	Tomin Tower Iidabashi 3 chome	—	Tomin Tower Tamagawa 2 chome	—
Intercom repair Intercoms including a monitor screen will be replaced.	Kosha Heim Midori 4 chome	1	Tomin Heim Funabori 3 chome	1
Elevator repair The elevator will be repaired.	Kosha Heim Komatsugawa 1 chome	1, 2		
Automatic Fire Alarm Repairs The automatic fire alarms will be repaired.	Tomin Tower Shinonome	1		



Prevent Frailty!



What is the key to maintaining good health in a life of self-quarantine?



~ Let's review the frailty countermeasures, especially during this pandemic! ~

Person in charge of wording: Tomoki Tanaka, Institute of Gerontology, The University of Tokyo

1. The importance of frailty prevention, what you should know

Have you ever heard of the word, “frailty?” Frailty is the condition with physical and/or mental weakening, and connections with society have been lost. Frailty is the stage just before needing nursing care. At this stage, by identifying the signs of frailty early and taking countermeasures, prevention and improvement can be expected. The key to frailty prevention is a good balance of nutrition (food and oral care), physical activity, and social participation. Ask yourself. Am I preventing frailty?

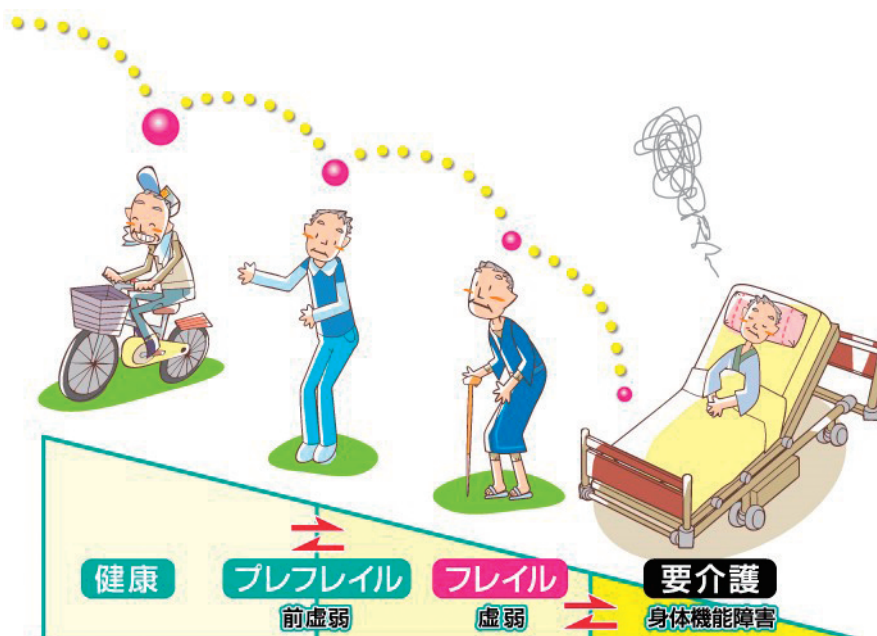


Fig. What is frailty?

2. Frailty countermeasures are important during this pandemic

Our lives which have been completely changed by the prolonged pandemic. A third state of emergency has been issued, and we urgently need to seriously consider how to maintain our health while taking infection countermeasures. When a life of inactivity continues during a pandemic, frailty develops.

So let's conscientiously live each day with a regular routine, even in a life of self-quarantine. Especially, ① Lessen the time when not moving, and ② eating three well-balanced meals a day, and oral care after a meal are very important. More than anything else, avoid being isolated. Try to increase the opportunities to interact by telephone and e-mail. And, reviewing who you can trust, and depend upon is also important. To fight COVID-19 itself and live a life in self-quarantine, starting frailty prevention now is important!

Prepare the air conditioner before summer arrives!

In the coming season, proper use of air conditioning is essential to prevent heat stroke. So, let's check the air conditioner now. When you start to use an air conditioner after a long period of non-operation, problems such as musty or strange odors may occur.

In order to live comfortably during the hot summer period, performing a test run and cleaning the AC is recommended before the extremely hot weather arrives.

In the event problems are detected in an air conditioner installed by JKK as a result of the test operation, please promptly notify us.

However, JKK does not handle cases where the air conditioner was purchased / installed privately, so please contact the store of purchase or the manufacturer.

Example of test operation procedures

- ① Insert the electrical plug into the electrical outlet. (If the unit has been plugged in for a long time, disconnect it and wipe off any dust)
- ② Check the battery of the remote control unit, if the display is clearly shown.
- ③ Set the operation mode to "cool", and set the temperature at its lowest, and allow the unit to run for about 30 minutes.
- ④ The following may indicate a possible failure. For air conditioners which were already installed when you moved in, please contact JKK.

- Cold air does not come out.
- Water leaks from the main unit in the room. (Condensation on the surface of an indoor unit or from the outlet is not an abnormality)
- Water is not discharged from the drainpipe of outdoor unit, even after many hours of operation.
- Abnormal noise

* JKK does not handle cases where the air conditioner was purchased / installed privately, so please contact the store of purchase or the manufacturer.

* Procedures for a test operation may vary depending on the model. Please check the use manual for details.

* Regarding cleaning of air conditioner, please handle this yourself, after confirmed "the use manual".



Regarding the foreign language editions of JoyLiV

<https://www.to-kousya.or.jp/nyukyosha/kousya/foreignlanguage.html>



JoyLiV 英語版、中国語版、韓国語版を公社ホームページに掲載しています。

JoyLiV is available in English, Chinese and Korean editions on the Metropolitan Housing Supply Corporation website.

公社网页将登载 JoyLiV 英文版、中文版、韩文版。

JoyLiV 영어판, 중국어판, 한국어판을 공사 홈페이지에 게재하고 있습니다.

Countermeasures for infectious diseases



Countermeasures are important to prevent infection and to prevent infecting others. Wash your hands and gargle frequently!



Method

● Wash your hands with soap

- Be sure to wash your hands after you return home, before cooking, and before eating or drinking!
- Be sure to wash, not just the palms of your hands, but also between your fingers, the back of your hands and your wrists!



● Avoid touching your face

- Don't touch your eyes, nose, or mouth, until after washing your hands!
- * Viruses on a person's hand can spread by contact infection (*1).

● Wear a mask

- Wear a mask when you go out, or when you are in close proximity with other people!
- * Infection may occur through the air by droplet infection (*2).
- If you don't have a mask, cover your mouth and nose using handkerchief, etc.



● Disinfect surfaces that are frequently touched

- Wipe off surfaces that people regularly touch, such as the entranceway and door knobs with an anti-bacterial cleaning product as often as possible!

● Good ventilation

- Open the window, replace the air in the room!



● Avoid places where people gather

- Avoid the Three Cs!

What are the Three Cs?



① Closed spaces
with poor
ventilation



② Crowded places
with many
people nearby



③ Close-contact
settings
such as close-range
conversations

● Build up your immunity

- Try to exercise inside your room as much as possible!
- Eat three nutritious meals a day!
- Get enough well!
- Maintain a well-regulated, daily life!



*1: **Contact infection**...occurs when an infected person sneezes or coughs into his hand, and then touches things around him. Then others touch the same surface and the virus attaches to their hand. If they touch their mouth or nose, the virus will infect the person through the mucous membrane.

*2: **Droplet infection**...occurs when the virus is dispersed along with water droplets from an infected person (by sneezing, coughing, spitting, etc.). Others inhale the virus through their mouth or nose, and become infected.

~ Payment of house rent, etc. ~

Financial agencies which can transfer funds from your bank account for house rent, etc., have increased!



Bank transfers by Shinsei Bank, Aeon Bank are now possible. If you wish to apply for a bank transfer or change the registered account, please fill out the bank transfer application form with the necessary information and **submit your application to teller window of the financial agency.**

Bank transfers will begin approx. two months after application has been submitted.

Three advantages of a bank transfer

Easy

The monthly amount will automatically be transferred from the designated account on 7th* of each month.

Anxiety-Free

No need to line up at the bank.
No worries over forgetting to pay.

Wonderful!

Of course the bank transfer handling fee is 0 yen!

* On the following business day if the financial institution involved is closed on that day.

Bank transfer process

① Fill out the form

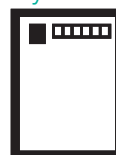


② Submit it to the bank

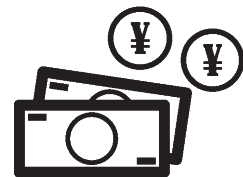


③ Receive notification

* Transfers are carried out early in the month



④ The transfer begins



A bank transfer application form can be obtained from the management office and contact center.

Please contact to the Customer Center if you wish to receive it by postal mail.

Details can be confirmed by telephone or by visiting our website.



Inquiry details Page 8 “JKK Tokyo Customer Center” telephone number ①

Website address <https://www.to-kousya.or.jp/>

← Read the QR code to view [Paying Rent].



Watch out for **malicious business method** that take advantage of **COVID-19!**



Cases of malicious fraudulent telephone calls and e-mails by a person posing as a governmental official saying “an allowance (subsidy) is being distributed,” “if you would like an inspection, please respond to this email,” and “we have masks and alcohol anti-bacterial solution” have increased. Moreover, increased time to stay home is predicted to increase damages of high price at -home sales. Please be careful, government and JKK won't contact and visit like these.

In the same time, “bank transfer scam” which pretend like a family member, also has frequently occurred, please be aware.

- ✓ Please be thorough, such as hung up the dubious phone call, ignore the suspicious e-mail (=delete without opening), and do not open the door when a person visit you without appointment.
- ✓ Never give out your bank account information, PIN codes, etc., or hand over your ATM card, etc.
- ✓ If you feel suspicious, or experience trouble, please contact the police, and the nearest consumer service center.

Consumers' Center of the Tokyo metropolitan government

☎ **03-3235-1155**

(Exclusive phone number for consultant)

Consumers' Center near you

No prefix ☎ **188**

(Consumer hot line)



JKK Tokyo Customer Center telephone numbers

★ Persons wishing to contact the area office, please also use this telephone number.

Reception hours **9:00 a.m. - 6:00 p.m.**

(Closed on Saturday, Sunday, national holidays and year-end and New Year holidays)

① Consultation regarding various procedures, payment of rent, living conditions

● Navi-Dial

 **0570-03-0031**

● Residents who are unable to use Navi-Dial and residents using free cell phone call services and discount services


☎ **03-6279-2962**



② Improvement and repair applications and inquiries

Emergency contact regarding urgent repairs and improvements for water leaks, etc., accidents, the outbreak of fire, and the safety of residents accepted **24-hours a day, 365-days a year**

● Navi-Dial

 **0570-03-0032**

● Residents who are unable to use Navi-Dial and residents using free cell phone call services and discount services

☎ **03-6279-2963**



Using Navi-Dial

Calls can be made at local call rates from fixed landline telephones (excluding public telephones and PHS). If calling from a mobile phone, any free-call or discount services of the phone company will not apply.

If you are not in a hurry, please avoid calling between **9:00 am and 10:00 am in the morning on Mondays or the day following a holiday, as phone lines are always very busy at these times.**



← Website

For public housing residents